Zagazig University Medical Journal

Volume 27 Issue 1 *January, 2021*

Article 29

April 2021

Outcome of Decompensated Hepatitis C Virus Cirrhotic Patients Treated with Direct Acting Antiviral Drugs

Amir Abdel-Hameed Ahmed Internal Medicine Department, Faculty of Medicine, Zagazig University, Egypt, ameer_barakat2019@outlook.com

Sahar Zagloul

Internal Medicine Department, Faculty of Medicine, Zagazig University, Egypt, saharzaghloul@hotmail.com

Hoda Abdel-aziz El-hady

Internal Medicine Department, Faculty of Medicine, Zagazig University, Egypt, ahlo_1999@hotmail.com

Ahmed Fathy Gomaa

Internal Medicine Department, Faculty of Medicine, Zagazig University, Egypt, gom3a20042000@yahoo.com

Follow this and additional works at: https://digitalcommons.aaru.edu.jo/zumj

Recommended Citation

Ahmed, Amir Abdel-Hameed; Zagloul, Sahar; El-hady, Hoda Abdel-aziz; and Gomaa, Ahmed Fathy (2021) "Outcome of Decompensated Hepatitis C Virus Cirrhotic Patients Treated with Direct Acting Antiviral Drugs," *Zagazig University Medical Journal*: Vol. 27: Iss. 1, Article 29.

Available at: https://digitalcommons.aaru.edu.jo/zumj/vol27/iss1/29

This Original Article is brought to you for free and open access by Arab Journals Platform. It has been accepted for inclusion in Zagazig University Medical Journal by an authorized editor. The journal is hosted on Digital Commons, an Elsevier platform. For more information, please contact rakan@aaru.edu.jo, marah@aaru.edu.jo, u.murad@aaru.edu.jo.



Manuscript ID ZUMJ-1912-1663 (R2)

DOI 10.21608/zumj.2020.21566.1663

ORIGINAL ARTICLE

Outcome of Decompensated Hepatitis C Virus Cirrhotic Patients Treated with Direct Acting Antiviral Drugs

Sahar Gouda Zaghloul $^{(1)}$, Hoda Abdel - Aziz Elhady $^{(1)}$, Ahmed Fathy Gomaa $^{(1)}$, Amir Abdel-Hameed Ahmed $^{(1)*}$

1: Internal Medicine department, Faculty of Medicine, zagazig university.

*Corresponding Author:

Amir Abdel-Hameed Ahmed Assistant lecturer of Internal Medicine department, Faculty of Medicine, zagazig university. In fulfillment of MD degree in internal medicine Egypt

Ameer barakat2019@outlook.com

Submit Date 2019-12-27 Revise Date 2020-01-30 Accept Date 2020-02-01

ABSTRACT

Background: All oral direct-acting antivirals (DAAs) effectively treat chronic hepatitis C infection (HCV) and widely used for patients with compensated cirrhosis. However, data regarding their safety and efficacy in patients with decompensated cirrhosis are insufficient.

The aim of this work was to test efficacy, safety and outcome of DAAs in the treatment of decompensated HCV related cirrhotic patients (CTP-B). Methods: prospective study among 62 chronic HCV cirrhotic patients, divided into two groups. Group I(the study group) included 32 patients with CTP-B treated for 12 weeks by sofosbuvir (SOF) 400 mg once daily plus Daclatasvir (DCV) 60 mg once daily plus Ribavirin (RBV) with initial dose 600 mg/day), while group II (the control group) included 30 patients with CTP-A treated by (SOF 400 mg once daily + DCV 60 mg once daily +RBV dosed according to body weight) for 12 weeks. According to the National Committee for control of viral hepatitis (NCCVH). Follow up after end of treatment (EOT) for 24weeks so the total period of the study 36 weeks **Results:** cases achieved SVR in Group I: 93.75% and in group II:100%, Liver parameters were improved from baseline to 24 weeks after end of treatment. The most common adverse effects were anemia, no patients died by the end of the study, but one case 3.1% in group I stopped treatment due to severe complications. **Conclusion:** Treatment with DAAs in patients with CTP-B is effective and safe, but patients remain at risk of life-threatening complications as HCC and liver-related morbidity.

Key words:

HCV, Sofosbuvir, Ribavirin, SVR, DAA.

INTRODUCTION

cause of morbidity and mortality being the 14th most common cause of death worldwide, with one-year mortality ranging from 1% to 57% depending on the Class[1]. Globally, more than 350 000 HCV-infected patients die each year from HCV, mostly as a result of decompensation of liver cirrhosis or HCC[2].

In Egypt 2015. the prevalence of HCV antibody was found to be 10% and that of HCV RNA to be 7%, in the age group 15-59-year. Approximately, 3.7 million patients have chronic HCV infection in the same age estimated 29% reduction group. An in HCV RNA prevalence has been seen since 2008 [3].

DAAs are licensed and target three viral

Sahar G., et al... 70 | P a g e

proteins: the NS3-4A protease which needed for processing the viral polyprotein, the NS5A phosphoprotein that regulates RNA replication and virus assembly, and the viral RNA-dependent RNA polymerase (NS5B) that catalyzes genome replication. Combination therapies cure > 95% of treated patients with excellent safety and tolerability[4].

The protocol of the treatment of HCV patients with DAAs depends on the stage of fibrosis. Treatment must be considered without delay in patients with cirrhosis, including decompensated cirrhosis[5].

Non-invasive tests to diagnose cirrhosis were now widely used in clinical practice and recommended by international and EASL guidelines [5], FIB-4 score >3.25 indicate advanced fibrosis and cirrhosis (specificity 98.2%, positive predictive value 82.1%) [6], Distorted liver architecture and nodular liver Surface on the abdominal ultrasonography showed a sensitivity and specificity for diagnosing cirrhosis of 98% and 85% [7].

The risk of HCC and liver-related mortality is significantly reduced, but not eliminated, in patients with cirrhosis who clear HCV [8].

SOF-based combinations, either with ledipasvir (LDV), DCV or velpatasvir (VEL) ± RBV, showed to be safe and effective in clinical trials when used in cases with decompensated cirrhosis [9].

We aimed in this study to test the efficacy, safety and outcome of DAAs regimens in the treatment of decompensated HCV cirrhotic patients (CTP-B) in Egypt.

METHODS

Study design and Settings:

We carried out a prospective cohort study in collaboration between Internal Medicine Department(Hepato-gastro-enterology unit), Faculty of Medicine, Zagazig University, and Al AhrarTeaching Hospital, Sharqia Governorate, during the period from January 2018 to March 2019.

A total number of 62 chronic HCV related cirrhotic Egyptian patients up to CTP-9 were divided into two groups. Group I included 32 patients with CTP-B (the study group) while group II included 30 patients with CTP-A (the control group).

Inclusion criteria:

The age was from 18 to 75 years, chronic Naive HCV related cirrhotic patients up to CTP-9 eligible for treatment by DAAs, female patient practicing adequate contraception during the treatment period and at least 6 months after treatment stoppage. The wife of a male patient practicing adequate contraception.

Exclusion criteria:

CTP-C patients, causes of liver cirrhosis other autoimmune than HCV (HBV, Wilson, hepatitis, alcoholic and hemochromatosis), HCC, patient with platelet count <50.000, patient with renal impairment (creatinine clearance < 30 ml/min), extra-hepatic malignancy, patient refused to be involved in study, pregnancy and lactation, inadequately controlled diabetes mellitus (HbA1c > 9%).

Therapy:

According to the NCCVH (December 2016): **group I** patients treated for 12 weeks by SOF 400 mg once daily plus DCV 60 mg once daily + RBV with initial dose 600 mg /day, the dose increased gradually 200 mg each week till a dose 1000 mg/day based on the patient tolerability, while **group II** patients treated by SOF 400 mg once daily + DCV 60 mg once daily +RBV dosed according to body weight 1000 mg if < 75 kg, 1200 mg if > 75 kg, for 12 weeks.

Administrative Design:

Study was approved by Faculty of Medicine, Zagazig University institutional review board (IRB), The study was done according to The Code of Ethics of the World Medical Association (Declaration of Helsinki) for studies involving humans.

Process:

All subjects of the study were subjected to: Written informed consent, detailed history taking, full physical examination, laboratory investigations (complete blood picture by automated blood counter, diagnosis of viral markers: HCV by HCV abs by ELISA and HBV by HBsAg, quantitative

Sahar G., et al... 71 | P a g e

PCR for HCV RNA if HCV abs test was positive, liver function tests: serum bilirubin, serum albumin, serum alanine transferase [ALT] and aspartate transferase [AST] measured by kinetic methods, coagulation profile: PT and INR, markers for autoimmune hepatitis as [Antinuclear antibody]in suspected cases, markers for Wilson disease as [serum copper, serum ceruloplasmin and urinary copper] in suspected cases, markers Hemochromatosis [serum iron, serum ferritin and transferrin saturation] in selected cases, kidney function tests: serum creatinine and GFR was calculated by MDRD equation: 186 [Creatinine/88.4] $^{-1.154}$ x [Age] $^{-0.203}$ x [0.742]female] x [1.210 if black], Fasting blood glucose, HbA1c% in diabetic cases, alfa fetoprotein [AFP], pregnancy test for females in childbearing period), radiological investigations including: abdominal and pelvic ultrasonography and triphasic CT of the liver if focal lesion is suspected by ultrasound or AFP more than 100, calculation of CTP score for the severity of liver disease, nonassessment invasive markers of liver cirrhosis like fibrosis-4 (FIB-4) score.

Assessment of efficacy, safety and outcome:

Diagnosis of SVR following treatment is currently defined by the absence of viral RNA in the blood 12 weeks after stopping treatment. Safety during the study period in the form of clinical adverse effects (either related to chronic liver disease and not related).

Diagnosis of complications as the development of HCC is done by (contrast-enhanced triphasic CT).

Timeline of the treatment regimens, the control group and the study group were subjected to treatment for 12 weeks then followed up for another 12 weeks (SVR), and then followed up for another 12 weeks so the total period of the study was 36 weeks.

Follow up:

We performed: serum(ALT, AST, albumin, bilirubin, creatinine), CBC, INR, FIB-4, and CTP score at (during treatment plus12 and 24 weeks after EOT), a quantitative PCR at EOT and 12 weeks after EOT, pelvi-abdominal US at EOT plus 12 and 24 weeks after EOT, and triphasic CT abdomen in patients who developed focal lesion by the US.

Stoppage of treatment: When the patients finished the treatment, or on the occurrence of severe decompensation.

Statistical analysis:

Data were analyzed with SPSS for version 15.0 (Statistical Package for the Social Science, Chicago, IL). Quantitative data were expressed as mean \pm standard deviation (SD), Data were analyzed by independent sample, paired t-test. While qualitative data were expressed as number and percentage and were analyzed by Chi-square (χ 2) test. P-value was considered significant if <0.05 and highly significant if <0.001.

Results:

There is statistically non-significant difference between the studied groups regarding age, BMI or gender(table 1), There is statistically non-significant difference between the studied groups regarding baseline Hb level, platelet count, serum creatinine, AST level and ALT level. However There is statistically significant difference between them regarding baseline INR level, serum albumin level, total serum bilirubin level and FIB-4 score (table 2), There is non-significant difference between the studied groups regarding SVR By the end of treatment, patients achieved SVR in Group I (93.75%) and in group II (100%) (table 3).

As regard side effects regarding Hb level during therapy there is significant decrease in Hb level (table 4) and In **group I**: During therapy only 3 cases 9.4% stop RBV(1case at 4th week and 2 cases at 8th week) As Hb level less than 8.5 gm% and take blood transfusion and Erythropoietin), But in **group II**: only one case 3.3% stop RBV at 8th week of therapy.

As regard mortality and morbidity(table 5) No patient within the study groups had died by the end of the study. But only one case 3.1% from **group I:** stop treatment at 4th week as he developed severe side effects and complications as (HE Grade 2 ,3) . moreover 3 cases 9.4% from **group I** developed HE after EOT but in **group II**: no any case developed HE during treatment or after EOT, In **group I:** only one patient 3.1% had new onset ascites at 4th week of therapy and one patient 3.1% showed

Sahar G., et al... 72 | P a g e

moderate ascites progression to tense ascites 24 weeks after EOT. Also in **group II**: 2 cases 6.6% had new onset ascites at 12, 24 weeks after EOT. regarding complication development of focal lesion we had 2 cases 6.2% In **group I** detected at 12, 24 weeks after EOT, And only one case 3.3% in **group II** detected at 12 week after EOT.

As regard Outcome of therapy in both studied groups(table 6) There is statistically non-significant difference between the studied groups regarding AST and ALT levels during treatment and also after EOT, On measuring change over time in each group separately, there is significant decrease in AST and ALT levels.

There is statistically significant difference between the studied groups regarding serum albumin and bilirubin levels during treatment. However, there is non-significant difference between both groups in it at last observation (24 week after EOT). On measuring change over time in each group separately, there is significant improvement in serum albumin and bilirubin specially in Group I.

There is statistically significant difference between the studied groups regarding INR level during therapy and after EOT. In Group I, there is significant change INR level over time while there is non-significant change over time in Group II.

There is statistically non-significant difference between the studied groups regarding platelet count during therapy and also after EOT. In each group separately, there is non-significant change in platelet count over time but There is significant decrease in FIB-4 overtime among both groups.

As regard CTP There is statistically significant difference between the studied groups regarding CTP classification and there is significant improvement in CTP over time especially in group I (table 7).

Table 1. Comparison between the studied groups regarding demographic data.

Demographic and laboratories characteristics		Study groups		Test	
		Group I N=32	Group II N=30	X^2/t	P-value
Gender:	N (%) Male Female	12 (37.5) 20 (62.5)	12 (40) 18 (60)	0.041	0.84
BMI:	N (%) Average Obsess	20 (62.5) 12 (37.5)	20 (66.7) 10 (33.3)	0.117	0.732
	Age (years): Mean ± SD Range	55.5 ±8.62 37 – 69	53.2 ± 9.5 33 - 66	0.999	0.322

N (%)=Number of cases as apercentage of total, BMI=Body mass index

Sahar G., et al... 73 | P a g e

Table 2. Comparison between the studied groups regarding Mean laboratories value at time of presentation

presentation				
Demographic and		Study groups	Test	
laboratories characteristics				
	Group I	Group II	t-test	P-value
	$Mean \pm \hat{SD}$	Mean ± SD		
The level (constdT)	12.05 ± 1.68	12.6 ± 1.33	1.423	0.159
Hb level (gm/dL):	12.03 ± 1.08	12.0 ± 1.33	1.423	0.139
INR level:	1.41 ± 0.25	1.29 ± 0.15	2.243	0.029
Serum albumin (g/dl):	2.88 ± 0.4	3.28 ± 0.28	4.533	< 0.001
Serum andanim (g/ai).	2.00 ± 0.1	3.20 ± 0.20	1.555	<0.001
	0.10 . 0.75	1 41 . 0 20	4.054	-0.001
Total bilirubin (mg/dL):	2.12 ± 0.75	1.41 ± 0.29	4.854	< 0.001
platelet count: cells/μl ×10 ³	115.75 ± 56.87	126.43 ±45.16	0.815	0.418
AST level (U/L):	91.69 ± 59.18	84.7 ± 23.83	0.602	0.549
AST level (U/L).)1.0) ± 3).10	04.7 ± 23.03	0.002	0.547
	40.0 5 .05.00	5 0.0 5 2 0.12	0.252	a - a-
ALTlevel(U/L):	68.97 ± 35.09	70.97 ± 20.13	0.273	0.785
Serum creatinine (mg/dL):	0.91 ± 0.2	1 ± 0.15	1.994	0.051
	6.25 ± 3.48	4.7±2.17	2.088	0.041
FIB-4:				
112				
CTD	7.01 + 0.70	5 97 + 0 25	12 927	A 001
CTP score:	7.81 ± 0.78	5.87 ± 0.35	12.827	< 0.001

Hb=Haemoglobin, AST=aspartate aminotransferase, ALT= alanine aminotransferase, INR=international normalization ratio, FIB4=fibrosis index based on 4 parameters. CTP = Child turcotte pugh.

Table 3. SVR(as apercentage of total) at EOT and at 12weeks after EOT

	<u></u>	
SVR		Study groups
	Group I	Group II
	N=32 (%)	N=30 (%)
At EOT:		
No	2 (6.2)	0 (0)
Yes	30 (93.8)	30 (100)
At 12weeks after EOT:		
No	2(6.2)	0 (0)
Yes	30 (93.8)	30 (100)

N (%)=Number of cases as apercentage of total

SVR=sustained virological response, EOT= end of treatment

Sahar G., et al... 74 | P a g e

Table 4. Comparison between the studied groups regarding hemoglobin level before and after therapy.

Hemoglobin level	Study	groups	Test		
	Group I	Group II	t-test	P-value	
	Mean ± SD	Mean ± SD			
Baseline	12.05 ± 1.68	12.6 ± 1.33	-1.425	0.159	
At 4 weeks	11.57 ± 1.73	12.06 ±1.28	-1.27	0.209	
At 8 weeks	11.12 ± 1.76	11.75 ± 1.23	-1.642	0.106	
At 12 weeks	10.6 ± 1.58	10.96 ± 1.36	-0.970	0.336	
12 week after EOT	11.33 ± 1.5	10.96 ± 1.31	1.032	0.306	
24 week after EOT	11.25 ± 1.36	11.2 ± 1.41	0.164	0.871	

EOT= end of treatment

Table 5. Comparison between both groups as regard mortality and morbidityduring and after therapy.

Time of observation		During therapy	Up to	During follow up 24 week after EOT
Study groups	Group I N (%)	Group II N (%)	Group I N (%)	Group II N (%)
Mortality	0 (0)	0 (0)	0 (0)	0 (0)
New onset HE	1 (3.1)	0 (0)	3 (9.4)	0 (0)
New onset or worsening of ascites	1 (3.1)	0 (0)	1 (3.1)	2 (6.6)
CTP worsen	3 (9.4)	1(3.3)	4 (12.5)	2(6.6)
НСС	0 (0)	0 (0)	2 (6.2)	1 (3.3)

N (%)=Number of cases as apercentage of total

EOT= end of treatment, HE= Hepatic encephalopathy, CTP = Child turcotte pugh, HCC = Hepatocellular carcinoma .

Sahar G., et al... 75 | P a g e

Table 6. Outcome of therapy in both studied groups as regard INR level, serum albumin, serum total bilirubin, platelet count, liver enzymes and FIB-4 score during therapy after EOT.

Time of observation				At EOT		At LO (24 weeks	after EOT)
Study group	Group I Mean ± SD	Group II Mean ± SD	t-test	p-value	Group I Mean ± SD	Group II Mean ± SD	t-test	p-value
INR	1.39 ± 0.21	1.29 ± 0.13	2.159	0.035	1.32 ± 0.16	1.24 ± 0.15	2.164	0.035
Serum albumin(g/dl)	3.22 ± 0.64	3.37 ± 0.32	1.155	0.268	3.48 ± 0.7	3.66 ± 0.46	1.188	0.268
Total bilirubin (mg/dL)	1.75 ± 0.66	1.33 ± 0.27	3.239	0.002	1.43 ± 0.57	1.2 ± 0.29	1.982	0.052
Platelet cells/μl <mark>×10³</mark>	118.6±50.	129.7 ± 48.51	0.885	0.379	125.5 ± 55.9	133.2 ± 46.3	0.588	0.558
AST level (U/L)	37.26 ± 13.1	37.63 ± 9.81	0.125	0.901	34.39 ± 13.36	31.07 ± 6.89	1.217	0.228
ALT level (U/L)	32.03± 10.64	34.27 ± 10.44	0.836	0.406	28.22 ± 9.08	27.73 ± 6.68	0.240	0.810
FIB-4	3.74 ± 2.22	3.46 ± 1.49	0.579	0.564	3.54 ± 2.03	2.76 ± 1.54	1.695	0.095

EOT= end of treatment, LO= Last observation, AST=aspartate aminotransferase, ALT= alanine aminotransferase, INR=international normalization ratio, FIB4=fibrosis index based on 4 parameters.

Table 7. Comparison between the studied groups regarding CTP change over time.

CTP		Study groups		
	Group I	Group II	t-test	P-value
	N=32 (%)	N=30 (%)		
Baseline				
Mean ± SD	7.81 ± 0.78	5.87 ± 0.35	12.827	<0.001
At 4 th week				
Improved	8 (25)	6 ((20)		
The same	21 (65.6)	24 (80)		
Worsen	3 (9.4)	0(0)		
Mean ± SD	7.72 ± 1.14	5.87 ± 0.35	8.752	<0.001
To 8 th week				
Improved	10 (31.25)	6 (20)		
The same	20 (62.5)	24 (80)		
Worsen	2 (6.25)	0(0)		

Sahar G., et al... 76 | P a g e

Mean ± SD	7.42 ± 1.09	5.87 ± 0.35	7.558	<0.001
To EOT				
Improved	21 (65.6)	12 (40)		
The same	9 (28.2)	17 (56.7)		
Worsen	2 (6.2)	1 (3.3)		
$Mean \pm SD$	6.74 ± 1.39	5.67 ± 0.48	4.065	<0.001
12 week after EOT				
Improved	19 (59.4)	12 (40)		
The same	11 (34.4)	17(56.7)		
Worsen	2 (6.2)	1 (3.3)		
$Mean \pm SD$	6.35 ± 1.38	5.5 ± 0.57	3.179	0.003
24 week after EOT				
Improved	22 (68.7)	15 (50)		
the same	6 (18.8)	13 (43.4)		
Worsen	4 (12.5)	2 (6.6)		
Mean ± SD	6.32 ± 1.83	5.5 ± 0.73	2.316	0.026

N (%)=Number of cases as apercentage of total, EOT= end of treatment, CTP = Child turcotte pugh.

DISCUSSION

The studies which included decompensated cirrhotic HCV patients treated with DAAs were scarce so, the aim of our study tested the efficacy, safety and outcome of DAAs in the treatment of decompensated hepatitis C related cirrhotic patients. Our study included 62patients with decompensated cirrhosis (group I) and compensated cirrhosis (group II) treated with DAAs for 12 weeks.

Our results regarding SVR12 were similar to results of **Poordad et al, [9**]. Their study on patients with decompensated cirrhosis when treated with a 12-week regimen of SOF-DCV plus RBV, SVR12 rates of 94% were observed. Similar results were from **Curry et al., [10**] withSVR12 rates of 94% in patients with decompensated cirrhosis when treated with DAAs, and **Gentile et al., [11**] the rate of SVR 12 was 95.5%.

And not agreed with **Ahmed et al., [12]** SVR12 rates were 84.54% in Egyptian HCV cirrhotic patients treated by SOF - DCV \pm RBV for 12

weeks and **Foster et al.**, [13] the SVR12 rates were 71% after 12 weeks of SOF-DCV \pm RBV, In our opinion, this difference due to not all cases in their study take RBV which cause significant increase in SVR rate.

As regard laboratory parameters (serum albumin and bilirubin) there were improvement in serum albumin, bilirubin during therapy and follow up especially in group I in our study was nearly similar to results recorded by Van der Meer et al, [14] who detected an improvement of liver function (albumin and bilirubin levels) during and shortly after therapy among patients with decompensated cirrhosis treated with SOF/DCV and RBV.

And similar results from **Pascasio et al, [15]** in patients with decompensated cirrhosis, there was a significant improvement in bilirubin, albumin during treatment and 12 weeks after (EOT). And **Gentile et al, [11]** who detected an increase in albumin levels (from 3.1 at the start of therapy to 3.6 at 12week post-treatment).

As regard CTP score in our study, In group I at

Sahar G., et al... 77 | P a g e

12, 24 weeks after EOT (59.4% and 68.7%) of cases were improved to CTP-A cirrhosis. Those results were in agreement with results recorded from **Charlton et al, [16]** who detected an improvement in the CTP score in a significant proportion of patients after relatively short follow up.

Also, near results of **Gentile et al, [11]** the number of patients who switched from a decompensated to a compensated liver cirrhosis progressively increased during the observation from 45.5% at one-month treatment to 61.8% at last observation.

Also were away from **Kimura et al,** [[17] patients with decompensated cirrhosis who achieved SVR 12, approximately 25% of them showed improvement from CTP-B to CTP-A even in a short period of time. This difference in our opinion because of most of our CTP-B cases was (CTP-B7).

AS regard Change in FIB-4 score, our results were in agreement with results of **Bachofner et al, [18]** treatment with DAAs regimens cause rapid regression of fibrosis markers as FIB-4 (3–6 months post-treatment), also was similar to results recorded by **Chan et al, [19].**The main cause of improvement in our opinion was an improvement in liver inflammation especially in patients who achieve an SVR.

As regard change in ALT and AST over time in our study, there is a significant decrease in AST and ALT levels in both groups these results were in agreement with a study from **Gentile et al, [11] and Mauss et al, [20]**which had confirmed the same results.

Our results regarding INR level, there is significant decrease in INR level over time in group I patients, it was similar to results recorded by Flamm et al, [21] and Fernandez Carrillo et al, [22] which had confirmed the same results in decompensated cirrhotic patients treated with DAAs. But were not in agreement with a study from Gentile et al, [11] who detected no significant change in INR over time.

The most important adverse effects during therapy in our study is anemia $Hb \leq 10$ especially in group I > group II. This was

nearly similar to results recorded by **Guardigni** et al, [23]who detected CTP-B patients displayed significantly higher level of anemia than those with compensated cirrhosis.

Also, were in Agreement with **Attia et al, [24]** who detected adverse events in 149,816 chronic HCV patients treated with different regimens in the (NCCVH) in Egypt, Anemia was the most commonly reported adverse event in patients with cirrhosis especially decompensated cases treated with SOF and RBV.

As regard ascites in our study, there was a significant difference between the studied groups regarding the development of ascites. In group I at baseline most cases(45.2%) had mild ascites and only 2 cases (6.5%) had moderate ascites, with no cases had severe ascites). most of these cases showed clinical improvement especially after EOT. This was in consistent with **El-Sherif et al.**, [25] who detected, severe ascites have a lower chance of achieving clinical improvement in comparison to mild to moderate ascites.

Our results regarding the development of focal lesion we had 2 cases 6.2% In group I detected at (12 and 24 weeks after EOT) and one case 3.3% in group II detected at (12 weeks after EOT). was nearly similar to results recorded by Calvaruso et al, [26] who detected overall incidence of HCC in cirrhotic patients with SVR was 3-fold higher in CTP- B patients than in those with compensated cirrhosis (7.8% vs. 2.1%). Also, were in agreement with results from Bang and Song [27] who detected post-SVR follow-up studies showed that the risk of developing HCC remains in patients with cirrhosis who eliminate HCV.

As regard time of occurrence of HCC in our study was nearly similar to results recorded by **Nault et al, [28]** who detected the median latency period between exposure to DAA and occurrence of HCC was very short from 2.7 to 5.6 months. And the same results from **Foster et al, [13]** who detected HCC developed over a short time period after DAAs therapy. This would suggest that some or all of these HCCs were present but not detected on enrolment into the study.

Sahar G., et al... 78 | P a g e

In our study as regard mortality, no patient within the study groups had died by the end of the study. Was in agreement with Poordad et al. who detected that SOF-based combinations, either with LDV, DCV or VEL±RBV, showed to be safe in clinical trials when used in cases with decompensated cirrhosis and were consistent with Backus et al. [29] who detected that patients with chronic HCV infection, treated with DAAs achievement of SVR12, there was a reduction in the risk of death, including liver-related and non-liverrelated deaths. In contrast, the results recorded by Maan et al, [30] who had Six patients in their study (1.4%) (1 CTP score of A, 3 CTP scores of B, and 2 CTP scores of C) died between starting therapy and SVR12. In our opinion, this difference due to a large number of patients achieving SVR in our study that reduce mortality and also due to the relatively short period of follow up (only 6 months after the end of therapy), in addition to CTP scores of C is excluded from our study.

Post-treatment assessment of cirrhosis by FIB-4 score is not accurate as it indicate only improvement of liver inflammation, slightly limited numbers of cases and relatively short period of follow up.

CONCLUSION

In conclusion, treatment with DAAs in CTP-B cirrhosis is safe and leads to high rate of viral clearance, a significant rate of improvement in liver function within 6 months after EOT, however, Patients with cirrhosis remains at risk of liver-related complications as HCC, So Further studies are needed to assess the impact of therapy on survival and quality of life in long-term follow-up.

Conflict of interest: Nothing to declare **Financial disclosure:** Nothing to declare

REFERENCES

- [1] Tsochatzis E, Bosch J, Burroughs AK. Liver cirrhosis. Lancet. 2014; 383(9930): 1749-1761.
- [2] Abubakar I, Tillmann T, Banerjee A. Global, regional, and national age-sex specific all-cause and cause-specific mortality for 240 causes of death, 19902013: a systematic analysis for the Global Burden of Disease Study. Lancet. 2015; 385(9963): 117–171.

- [3] Kandeel A, Genedy M, El-Refai S, Funk AL, Fontanet A, , Talaat M. The prevalence of hepatitis C virus infection in Egypt 2015: implications for future policy on prevention and treatment. Liver Int. 2017; 37(1): 45–53.
- [4] Bartenschlager R. Critical challenges and emerging opportunities in hepatitis C virus research in an era of potent antiviral therapy, Considerations for scientists and funding agencies. Virus Res 2018; 248: 53–62.
- [5] EASL Recommendations on Treatment of Hepatitis C 2018. Hepatology. 2018; 69(2): 461-511.
- [6] Vallet-Pichard A, Mallet V, Nalpas B. FIB-4: an inexpensive and accurate marker of fibrosis in HCV infection. Comparison with liver biopsy and fibrotest. Hepatology. 2007; 46: 32-36.
- [7] Pickhardt PJ, Malecki K, Kloke J, Lubner MG.
 Accuracy of Liver Surface Nodularity
 Quantification on MDCT as a Noninvasive
 Biomarker for Staging Hepatic Fibrosis. Am J
 Roentgenol. 2016; 207: 1194-1199.
- [8] Nahon P, Bourcier V, Layese R, Audureau E, Cagnot C, Marcellin P. Eradication of hepatitis C virus infection in patients with cirrhosis reduces risk of liver and non-liver complications. Gastroenterology. 2017; 152: 142–156.
- [9] Poordad F, Schiff ER, Vierling JM, Landis C, Fontana RJ, Yang R, et al. Daclatasvir with sofosbuvir and ribavirin for hepatitis C virus infection with advanced cirrhosis or post-liver transplantation recurrence. Hepatology. 2016; 63: 1493–1505.
- [10] Curry MP, O'Leary JG, Bzowek N. Sofosbuvir and velpatasvir for HCV in patients with decompensated cirrhosis. N Engl J Med. 2015; 373(27): 2618-2628.
- [11] Gentile I, Scotto R, Coppola C, Staiano L, Amoruso DC, De Simone T, et al. Treatment with direct-acting antivirals improves the clinical outcome in patients with HCV-related decompensated cirrhosis: results from an Italian real-life cohort (Liver Network Activity—LINA cohort). Hepatol Int. 2019; 13(1): 66-74.
- [12] Ahmed OA, Elsebaey MA, Fouad MHA, Elashry H, Elshafie AI, Elhadidy AA, et al. Outcomes and predictors of treatment response with sofosbuvir plus daclatasvir with or without ribavirin in Egyptian patients with genotype 4 hepatitis C virus infection. Infect Drug Resist. 2018; 11: 441-445.
- [13] Foster GR, Irving WL, Cheung MC, Walker AJ, Hudson BE, Verma S, et al. Cohort study of the impact of direct acting antiviral therapy in patients with chronic hepatitis C and decompensated cirrhosis. J Hepatol. 2016;

Sahar G., et al... 79 | P a g e

64:1224-1231.

- [14] Van der Meer AJ, Berenguer M. Reversion of disease manifestations after HCV eradication. J Hepatol. 2016; 65(1): 95-108.
- [15] Pascasio JM, Vinaixa C, Ferrer MT, Colmenero J, Rubin A, Castells L, et al. Clinical outcomes of patients undergoing antiviral therapy while awaiting liver transplantation. J Hepatol. 2017; 67(6): 1168-1176.
- [16] Charlton M, Everson GT, Flamm SL. Ledipasvir and sofosbuvir plus ribavirin for treatment of HCV infection in patients with advanced liver disease. Gastroenterology 2015;149(3):649-659.
- [17] Kimura K. Long-awaited treatment for hepatitis C virus decompensated cirrhosis. In: Springer. 2019; 54(3): 299-300.
- [18] Bachofner JA, Valli PV, Kroger A. DAA treatment of chronic hepatitis C results in rapid regression of transient elastography and fibrosis markers FIB-4 and APRI. Liver Int. 2017; 37: 369–376.
- [19] Chan J, Gogela N, Zheng H. Direct-Acting Antiviral Therapy for Chronic HCV Infection Results in Liver Stiffness Regression Over 12 Months Post-treatment. Dig Dis Sci. 2018; 63: 486-492.
- [20] Mauss S, Buendgens L, Christensen S, Ingiliz P, Berger F,Boesecke, C. Risk factors for remaining liver injury in patients with virological elimination of chronic hepatitis C. Z Gastroenterol. 2019; 57(02): 139-147.
- [21] Flamm SL, Everson GT, Charlton M, Denning JM, Arterburn S, Brandt-Sarif T, et al. Ledipasvir/sofosbuvir with ribavirin for the treatment of HCV in patients with decompensated cirrhosis: preliminary results of a prospective, multicenter study. Hepatology. 2014; 60: 320.
- [22] Fernández Carrillo C, Lens S, Llop E, Pascasio JM, Crespo J, Arenas J, et al. Treatment of hepatitis C virus infection in patients with cirrhosis and predictive value of model for end-stage liver disease: analysis of data from the HepaC registry. Hepatology 2017;65(6):1810–1822.

- [23] Guardigni V, Badia L, Conti M, Rinaldi M, Mancini R, Viale P, et al. Liver decompensation predicts ribavirin overexposure in hepatitis C virus patients treated with direct-acting antivirals. World J Hepatol. 2017; 9(34): 1270–1277.
- [24] Attia D, El Saeed K, Elakel W, El Baz T, Omar A, Yosry A, et al. The adverse effects of interferon-free regimens in 149 816 chronic hepatitis C treated Egyptian patients. Aliment Pharmacol Ther. 2018; 47: 1296-1305.
- [25] El-Sherif O, Jiang ZG, Tapper EB, Huang KC, Zhong A, Osinusi A, et al. Baseline factors associated with improvements in decompensated cirrhosis after direct-acting antiviral therapy for hepatitis C virus infection. Gastroenterology. 2018; 154(8): 2111-2121.
- [26] Calvaruso V, Cabibbo G, Cacciola I, Petta S, Bellia A, Madonia S, et al. Incidence of Hepatocellular carcinoma in Patients With HCV-associated cirrhosis Treated With direct acting antiviral agents. Gastroenterology 2018; 155(2): 411-421.
- [27] Bang CS, Song IH. Impact of antiviral therapy on hepatocellular carcinoma and mortality in patients with chronic hepatitis C: systematic review and meta-analysis. BMC Gastroenterol. 2017; 17(1): 46.
- [28] Nault JC, Colombo M. Hepatocellular carcinoma and direct acting antiviral treatments: controversy after the revolution. J Hepatol. 2016; 65(4): 663-665.
- [29] Backus LI, Boothroyd DB, Phillips BR, Belperio P, Halloran J, Mole LA. A sustained virologic response reduces risk of all-cause mortality in patients with hepatitis C. Clin Gastroenterol Hepatol. 2011; 9(6): 509-516.
- [30] Maan R, van Tilborg M, Deterding K, Ramji A, van der Meer AJ, Wong F, et al. Safety and effectiveness of direct-acting antiviral agents for treatment of patients with chronic hepatitis C virus infection and cirrhosis. Clin Gastroenterol Hepatol. 2016; 14(12): 1821–1830.

Cite This Article

Ahmed, A., Zagloul, S., El-hady, H., Gomaa, A. Outcome of Decompensated Hepatitis C Virus Cirrhotic Patients Treated with Direct Acting Antiviral Drugs. *Zagazig University Medical Journal*, 2021; (70-80): -. doi: 10.21608/zumj.2020.21566.1663

Sahar G., et al... 80 | P a g e